

Caregiving & Wellness Services

Care Resources For Your Family & Friends



Why Does Your Family Need Caregiver Services?

As the United States starts recovering from the COVID-19 pandemic, individuals and businesses alike are becoming empowered to focus on improving family caregiving, health, and wellness.

In the last year, more than 60 million Americans provided unpaid care to a loved one (2020 AARP/NAC study), but the impact on the caregiver is often forgotten. Caregivers often experience diminished concentration, withdrawal, and clinical depression.

Our 2021 Caregiving and Wellness Services provide individuals and families with on-demand access to caregiving and wellness tools for every life stage. From Caregiver Quick Reference (CQR) through Advocacy Support Services, our modular suite of caregiving and wellness solutions are agile for employer groups, members and associations, spanning care levels, and budgets.

A Holistic Approach To Caregiving for Family and Friends

Caregiver Quick Reference

Review easily digestible guides based on specific illnesses, as well as one-page helpers, and a variety of wellness tips.

Caregiving Tools

Access extensive information and educational resources that help caregivers with organizing day-to-day caregiving responsibilities.

The Caregiver's Guide to Self-Care

Navigate the caregiver journey with resilience-building evidence-based resources that enhance the caregiver's journey.

Wellness Services

Find age-appropriate, evidence-based information to support your health and wellness journey while improving your physical and emotional health and mental wellbeing!

Healthcare Navigation Resources

Explore guides that help caregivers understand the healthcare system, including support for Medicare and Medicaid.

Family Care

Examine guidance to improve interpersonal relationships while reducing stress.

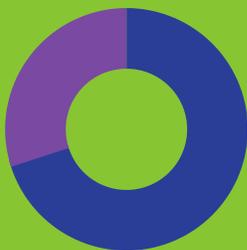
Information Resources

Utilize searchable resources and databases as well as research relevant statutes and guidelines based on life stage.

Advocacy Support Services

As an optional service, a personal caregiver advocate is available to provide one-on-one consultation and help to address urgent needs for all of our clients.

Are you doing too much?



70% of working caregivers suffer work-related difficulties due to their dual roles.



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