



Wealth-Health Executive Network

Suggested Readings

WHEN 3rd Quarter Meeting “Cluster”

Moving Hospital & Care to Home... ...Trends, Tools & Technology for Managing In-Home Health

Seniors’ strong preference to “age at home” is a given. Meeting this objective is increasingly difficult in the face of smaller, more disbursed families and a shrinking medical and care labor forces. What are potential options for clients, what will be the costs, and how do they prepare? These sessions will discuss strides in areas such as Telehealth, Sensors, Mobility, Administrative Services. We will also look at how Technology helps coordinate medical and care teams, track key indicators and activities, and even anticipate needs. Finally, what CMS actions are doing to spur flexibility and innovation during the health emergency.

Tues 8/23 (3:00 EDT) Thurs 8/25 (12:00 EDT) Wed 8/31 (3:00 EDT)

Below are links to a number of related items you may find of interest. Please let us know if you have any questions or additional items you would like to share.

Policy and politics of remote care and hospital to home:

[New Bill Aims to Extend Acute Hospital Care at Home Waiver](#), mHealth Intelligence, Mar 2022

Background and bill to extend the legislation that enabled extensive and successful innovations in remote health and medical care delivery. It would provide ongoing payment for Hospital at Home initiatives after the Pandemic ends.

[COVID-19 Program Flexibilities and Considerations for Their Continuation](#), GAO Report, May 2022

This GAO study is part of the legislative process. It’s focused on what is known about the waivers and flexibilities on Medicare and Medicaid as well as considerations for ongoing use.

Two perspectives on why it is important:

[Home care instead of hospital care: Congress should extend a crucial waiver.](#), STAT, Apr 2022

Constantinos Michaelidis the UMass Memorial Health Hospital at Home program make a compelling case for literally taking the hospital into the home and not the ER.

[Bill Aiming to Significantly Extend the Acute Hospital at Home Waiver Introduced](#), Home Healthcare News, Mar 2022

[Article describes progress to date and how the Advanced Care at Home Coalition and its member health systems are advocating for the Acute Hospital Care at Home program.](#)

Two Makenzie & Co articles to provide data, structure, and roadmaps

[Telehealth: A quarter-trillion-dollar post Covid-19 reality?](#) McKinsey & Co, July 2021

The article includes data from the 1st full year of Covid and appended is an update from May of 2020. They quantify the: growth (aggregate and by medical discipline), how people used it, and amount invested. The authors articulate the challenges of scaling what is becoming a “digital front door” to cut unneeded ER use and expanding the types of care it can integrate.

[From facility to home: How wealthcare could shift by 2025](#), McKinsey & Co, Feb 2022

Provides a roadmap and vision of what it might look like. It speaks to the potential benefits to stakeholders, with estimates of how much various medical functions will shift, the timing and the dollars.

Two articles about impacts and implications for nursing

[Hospital at home is not just for hospitals](#), Health Affairs, May 2022

This article pulls together numerous links to studies and references for a convenient drill down on the topic.

[What you need to know about standing up a virtual nursing unit.](#) Healthcare IT News, Feb, 2022

Innovations in the Hospital, can also be directly applied to the home setting. To overcome the nursing shortage, St. Luke's Health System of Kansas City developed an innovative approach leveraging virtual care. It implemented one of the nation's first virtual nursing units to reduce the burden on bedside nurses and much more.

Mayo and Kaiser kickstarted Medically Home and the Advance Care at Home Coalition.

[Mayo Clinic, Kaiser Permanente to scale up hospital-at-home efforts with \\$100M investment into Medically Home.](#) Fierce Healthcare, May 2021

The two hospitals invested \$100MM in Medically Home, a company that installs a suite of communications devices, remote patient monitoring devices, emergency response systems and durable medical equipment in a patient’s home so that providers can treat high-acuity patients outside of the costly hospital setting. The intend was to massively scale it up in their markets.

[Mayo Clinic, Kaiser Permanente recruit 11 health system partners for new hospital-at-home advocacy coalition](#), Fierce Healthcare, Oct 2021

After the investment in Medically Home (prior article) Mayo and Kaiser recruited 11 health systems to form the [Advanced Care at Home Coalition](#) to convince Capitol Hill to extend telehealth, remote and in-home care flexibilities implemented to address the Pandemic and petition the Center for Medicare & Medicaid Innovation to test and establish a new delivery model for advanced care at home.

Mayo and Kaiser aren't alone, others are placing substantial bets as well.

[Amedisys buys Contessa Health - Hosp to Home for in \\$250M deal](#), Fierce HealthCare, June 2021

Amedisys, a home health, hospice and personal care company added higher acuity, home-based care to its current service and significantly expands its total addressable market for in-home care services from \$44 billion to \$73 billion.

[Anthem completes acquisition of home health company myNEXUS](#), Fierce Healthcare, Apr 2021

MyNEXUS offers comprehensive home-based nursing management to health insurers, providing integrated clinical services to some 1.7 million Medicare Advantage beneficiaries in 20 states. It is a wholly owned subsidiary of Anthem.

[Humana teams up with startup DispatchHealth to expand in-home care services](#), Fierce Healthcare, Mar, 2021

DispatchHealth intends to expand and be the "world's largest in-home care system" This round was to get to 100 markets. It served 19 markets in 12 States at the time. Currently they are in 48 markets and 26 states.

For more information about WHEN and these upcoming meetings, please contact us:

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